

## The Great Wolf Swim Team Goal Sheet

Setting, striving for and achieving goals are an integral part of the swimming experience. With a proper set of goals you and the coach can develop a roadmap which will help you to achieve them. Swimming without goals is like traveling down a road without a destination in mind.

Name	Group	
Short torm goal (This seeson)		
Short term goal (This season)		
Mid term (Within 2 years)		

**Long Term** (Ultimate end of swimming career goal)

## Below please list your events and goal times. Designate with a **Y** for yard times and an **M** for meter times.

Event (Y or M)	Current	time	Short	t Mid	Long
<del></del>					
<u> </u>					